

Armidale Penguins Swimming Club

Newsletter
September 2007



Penguins@armidalepenguins.org.au
<http://www.armidalepenguins.org.au>

September Birthdays

Happy Birthday to the following Penguins who are celebrating their birthdays this month:

4th	Hayden Freeman Rebecca Marquardt
10th	Michelle Ledger
13th	Jessica Scholes-Robertson
20th	Ingrid Fittler
21st	Connor Marshall
24th	Natasha Harris

September Calendar

- 7th: Winter Pointscore Week 12: (Butterfly) + **August/September Birthday Night** (bring a plate for supper)
- 14th: No club night
- 20th: Annual General Meeting—6.30 pm in the Club Room, Sport UNE—ALL WELCOME
- 21st: Winter Pointscore **Presentation Night**—from 7pm in the Balcony Lounge Sport UNE. Please bring a plate of something to share for supper afterwards.

Recent Promotions

Madison Russell:
Whiteflippers to Emperors

Congratulations Madison!

Newly Qualified Technical Officials

Congratulations Natasha Ledger and Phil Kennedy for completing their starter qualification and to Sharon Marshall and Lisa Russell for passing the Recorder exam. An extra well done to Sharon for also undertaking the exam for Timekeeper.

Without our technical officials, we couldn't hold successful carnivals and club nights. Well done guys!

Distance Swims

Keep your certificates from your distance swims at club night (24/8/, 31/8, 7/9) so you have a time for your Penguins Distance Carnival entries. You can do it!

Distance Carnival

Armidale Penguins Distance Carnival is coming up. Mark the date in your diaries—**Sunday 11th November** at the Monckton Aquatic Centre 50m heated pool. Programs available from the folder at the UNE pool, also on the web at <http://www.armidalepenguins.org.au>.

Penguin Profile

Greg Blanch—Kings



Greg Blanch is one of the longest standing members of Penguins Swimming Club, joining up as soon as he could swim 25m. Greg says that what he enjoys most about Penguins is meeting people and making friends at club nights and going to swimming carnivals all over the area. Greg's favourite swimmers are Ian Thorpe, Grant Hackett, Michael Klim and Kieran Perkins. Greg has fond memories of swimming at Penguins with James Harwood, who is now a swim coach in Brisbane. Swimming aside, Greg says he is John Farnham's biggest fan. Greg swims at Penguins in the Kings.

Notice of AGM

Penguins Annual General Meeting, Thursday 20th September, 6.30 pm in the Club Room, Sport UNE.

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Swimmer of the Week— Winter Pointscore 2007:

Week 1:	Michelle Thomson	32 pts
Week 2:	Sarah Hore	20 pts
Week 3:	Jack Campbell	9.5 pts
Week 4:	Jenna Campbell	29 pts
Week 5:	Samantha Bourke	24 pts
Week 6:	Matt Ryan	37 pts
Week 7:	Shani Marshall	26 pts
Week 8:	Jalon Marshall	44 pts
Week 9:	Jenna Campbell	29 pts
Week 10:	Hayden Freeman	33 pts
Week 11:	Charlotte Russell	31 pts
Week 12:	Ada Garvey	37 pts

Development Squad

Jay Kennedy, Shani Marshall, Matthew Fletcher, Jalon Marshall and Madison Russell, Armidale Penguin members of the NE & CN Area Winter Development Squad attended an inter-area meet with Northern Districts (Newcastle) Development Squad at the Gunnedah Memorial Pool on Sunday 26th August. Everyone competed extremely well with many PBs swum. It was also a "development day" for parents/carers, with the learning not limited to the kids. Many parents took the opportunity to learn about and gain experience with the use of the semi-automatic timing system (SAT), practicing starting, timekeeping and recording with this equipment. The meet was also attended by Swimming NSW Development Officer Benjamin Tuxford, who was most helpful with advice for swimmers, parents and club development.

The NE & CN Area Winter Development Squad has one more development day scheduled for Gunnedah on 16th September, before they will travel to Sydney for a statewide carnival of NSW Area Development Squads at the Sydney Olympic Park Aquatic Centre on Sunday 30th September. We wish them all the best.

Penguin members of the NE & CN Winter Development Squad at the Development Day in Gunnedah on 26th August

Recent Carnival Results

Tamworth City Swimming Club held their Winter Carnival on Sunday 22nd July. **Charlotte Russell (6)** swam some PB times to win gold in girls 6 & under 25m freestyle and butterfly, and silver in the breaststroke and backstroke. **Madison Russell (9)** picked up the gold in the 9 years girls 50m freestyle, silver in the breaststroke & backstroke, and bronze in the butterfly and 100m individual medley.

At the **Coffs Harbour Aquatic Short Course Carnival** held on 12th August, **Rebecca Marquardt (8)** competed to improve her PB times in the 8 years girls 50m freestyle, butterfly, and breaststroke. She also competed against a tough competition with a consistent swim in the backstroke. Well done Rebecca!

Upcoming Carnivals

27th October:	Sawtell
3rd November:	Forster Aquatic
11th November:	Penguins Distance Carnival
17th November	Woolgoolga
18th November	Moree
24th November	Inverell (To be confirmed)
25th November	Scully Park (Tamworth)

Left to Right: (back) Benjamin Tuxford (Development Officer, Swimming NSW), Jay Kennedy (11), Jalon Marshall (10), Shani Marshall (13), Matthew Fletcher (14), (front): Madison Russell (9).

